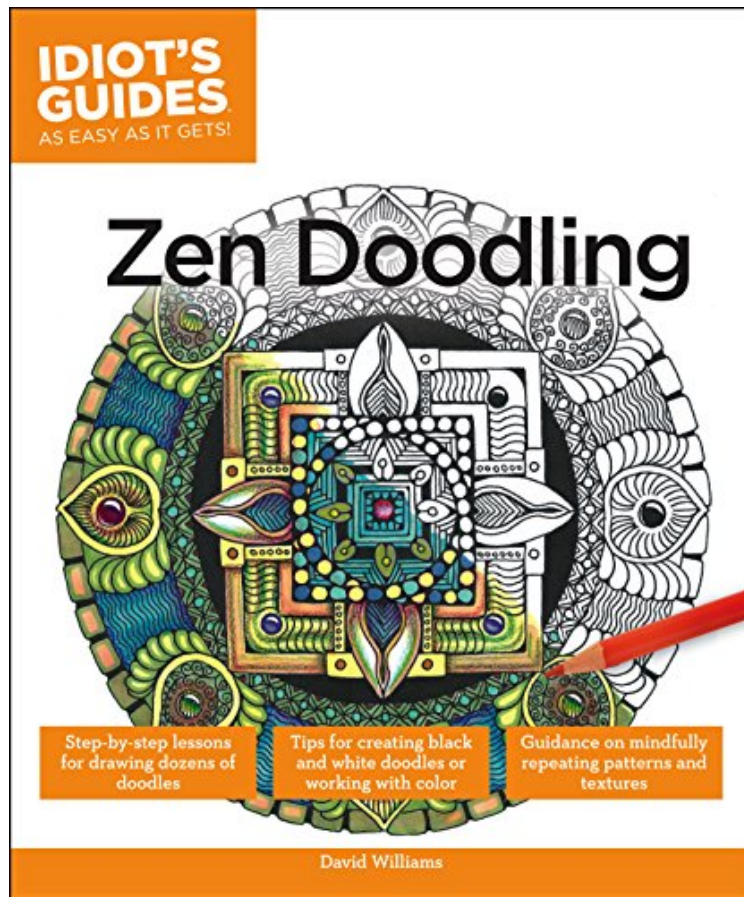


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## Zen Doodling (Idiot's Guides)

David Williams

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**David Williams : Zen Doodling (Idiot's Guides)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Zen Doodling (Idiot's Guides):

1 of 1 people found the following review helpful. The most comprehensive handbook on doodling! By purple painter I have been trying to find a comprehensive book on doodling. Most only talk about Zentangle which is fine for some but I just want to incorporate doodling in my artwork. This book is the most detailed on doodling. A must have for any doodler or just want to have fun with more ideas on doodling. Great book! 1 of 1 people found the following review helpful. Wow... if you buy no other Zen Doodle book... get this one! By Nikki Wow... if you buy no other Zen Doodle book... get this one! Well written, easy to follow and understand the how to's of ZD. Got it yesterday and I already have drawn my first basket weave pattern = 2 tiles on practice 8.5 x 11 sheet and it looks great. Plan to integrate doodles into my wood burning projects. This book allows me to learn ZD practices and I love it! Thanks David Williams... I am no longer the untrained idiot you wrote the book for! 0 of 0 people found the following review helpful. Drawing and color lessons for people who love doodling or the art of Zentangle. By her woofness This book is wonderful for learning basic drawing and color theory. If you love to doodle and want to bring it to the next level or if you are new to the art of Zentangle (copyrighted) this could be a useful addition to your library. Well written and easy to follow

instructions with examples.

Doodling has been seen as a mindless pursuit-until now. People are discovering the hidden discipline, order, and joy behind artful scribbles. *Idiot's Guide: Zen Doodling* gives readers all they need to get started or to continue the practice of using ordered, repeated "tangle" designs to create composite doodles that are great creative expression as well as works of art unto themselves. In this book readers get:-- Materials and methods for getting started with meditative patterned drawing.-- Basic art instruction for creating patterns and forms that achieve beauty through unity and balance.-- Artistic insight into using different papers, pens, pencils, markers, and paints to take tangles to the next level.-- Step-by-step instructions for drawing more than 20 doodle forms and filling them with tangle patterns, with each new stroke highlighted by color.-- Dozens of new step-by-step tangles to try, with a foundation for creating others based on the same artistic and natural concepts.-- A swatchbook of 50 more tangles and textures to use in your own doodles.-- Inspirational finished doodles and ideas for jumpstarting artistic creativity.

**About the Author** Dr. Williams currently leads the Oral Microbiology Group based at the School of Dentistry, at Cardiff University, Cardiff, UK. Since Dr. Williams' first degree (Cardiff University), he has worked in the pharmaceutical industry, food microbiology and as an academic researcher. Having completed a PhD at the School of Dentistry in Cardiff on the immunopathogenesis of oral candidosis, Dr. Williams' research has continued within Cardiff University and primarily focuses within the field of Clinical Microbiology with an emphasis on studies involving microbial biofilms. Dr. Williams' research encompasses investigating biofilm susceptibility to antimicrobial agents, expression of virulence factors such as hydrolytic enzyme production, adhesion, and microbial modulation of innate immune responses. Of particular interest has been research into the development of biomaterials (e.g. silicone rubber, acrylic, titanium) to inhibit biofilm formation on medical devices. Dr. Williams is a previous recipient of the Senior Colgate Award (British Society for Oral and Dental Research) and the International Hatton Award (The International Association for Dental Research).