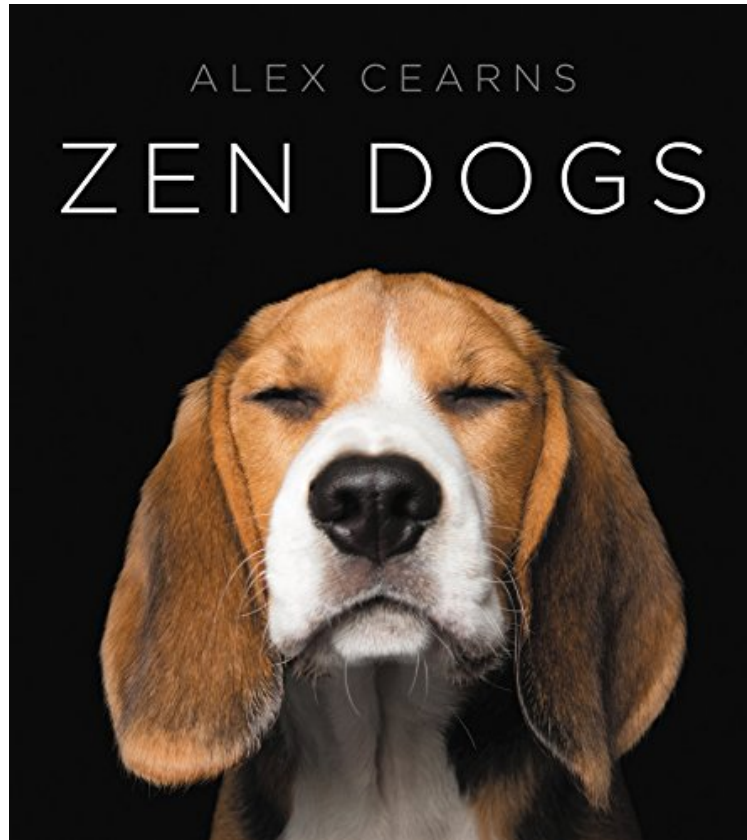


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Zen Dogs

Alexandra Cearn

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Alexandra Cearn : Zen Dogs before purchasing it in order to gage whether or not it would be worth my time, and all praised Zen Dogs:

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Award-winning animal photographer Alex Cearn celebrates the peace, calm, and joy dogs bring to our lives with this unique full-color collection capturing eighty dogs in their most relaxed and contented moments. When Alex Cearn caught Suzi the Sharpei on film with eyes closed and an endearing smile on her furry face, the renowned Australian professional pet and wildlife photographer called the picture of serenity "Zen Dog." Captivated by the imager's tranquil beauty, Cearn then turned her lens on other canines experiencing their own carefree and meditative "Zen" moments—a series of photos that would go viral across the web and take the top prize in a major international competition. Expanding on Cearn's original web series, Zen Dogs includes eighty stunning color photographs of a variety of breeds—golden retrievers, beagles, French bulldogs, dachshunds, poodles, huskies, pit bulls, and German shepherds. Here are some familiar faces from the online series, joined by dozens of dogs never seen

beforemdash;all whose engaging personalities shine through. Sprinkled throughout the photos are words of wisdom from the Buddha, Eckhart Tolle, Thich Nhat Hanh, and other meditative masters, inspiring messages that, with the photos, warm the heart and soothe the spirit. A gorgeous compendium for every dog lover, animal enthusiast, and everyone looking to add some peace and joy to their day, *Zen Dogs* reminds us of the power dogs have to enrich our livesmdash;to make us happier, healthier, calmer, and more loving.

ldquo;This series of images is a gentle and positive reminder to stop and take a break, to relax and unwind, to be fully present in each and every experience, and to breathe it all in.rdquo; (Bored Panda)ldquo;Seeing the look of pure, serene repose on the faces of these pups will inspire you to take a little time out of your day, reflect and recharge.rdquo; (One Green Planet)