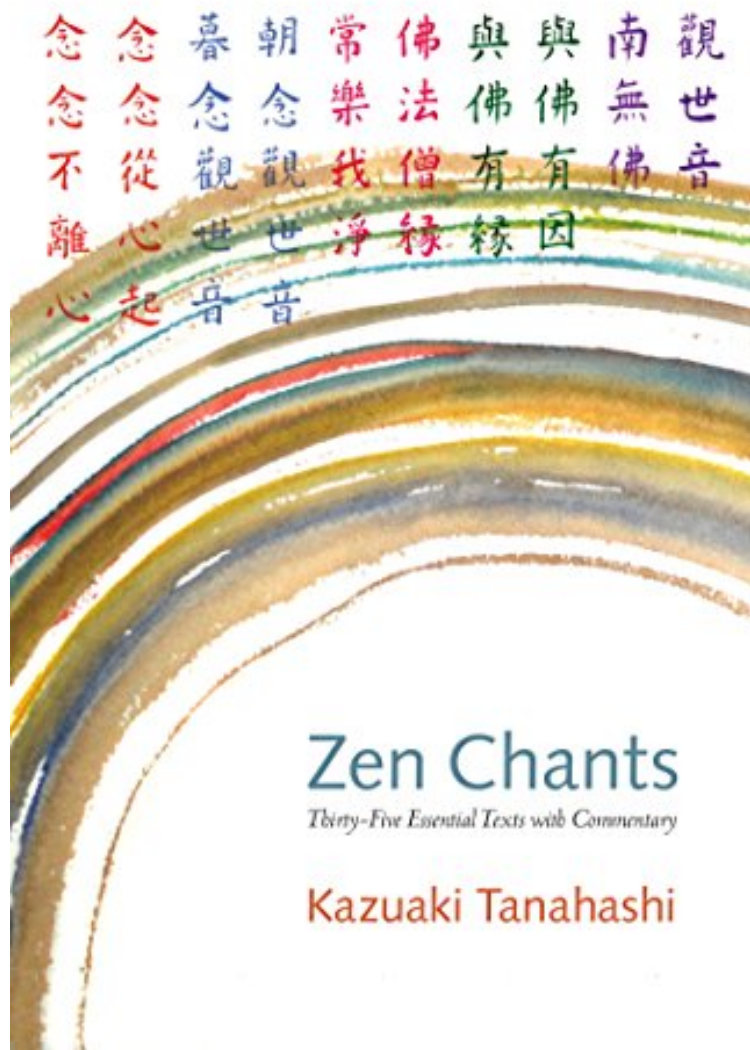


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Zen Chants: Thirty-Five Essential Texts with Commentary

Kazuaki Tanahashi

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finding one's own translations for meal chants, etc. Just rethinking them with different words is helpful, for example, exchanging the phrase, "May all beings realize the Buddha Way," with "May all beings realize the Awakened Way," broadens the outlook. One of my "keep handy" books.⁰ of 0 people found the following review helpful. A KeeperBy Todd M. SteedThis is a great and useful collection. The chants are now posted online. I would have rather had a CD with the chants because I suspect that link will one day not work.Particularly helpful are reworked versions of some of the chants that bring a nice new depth to them. This is a book I'll keep around as long as I'm around. After that, who knows?¹ of 1 people found the following review helpful. Five StarsBy Deacute;sireacute;e VerstraeteEvery book of Kaz is a gift to us all. Deacute;sireacute;e

A Zen chant is like a compass that sets us in the direction of the awakened life; it is the dynamic, audible counterpart to the silent practice of zazen, or sitting meditation; and it is a powerful expression of the fact that practice happens in community. Here is a concise guide to Zen chants for practitioners, as well as for anyone who appreciates the beauty and profundity of the poetry in dharma. An introduction to the practice is followed by fresh and carefully considered translations and adaptations of thirty-five chantsmdash;some common and others less well knownmdash;along with illuminating commentary.

About the AuthorKAZUAKI TANAHASHI has edited several collections of the writings of Eihei Dogen, including the definitive translation of the Treasury of the True Dharma Eye: Zen Master Dogen's Shobo Genzo. His other books include Brush Mind; Sky Above, Great Wind: The Life and Poetry of Zen Master Ryokan; and The Heart Sutra: A Comprehensive Guide to the Classic of Mahayana Buddhism. He is also a renowned calligraphic artist whose work has been exhibited throughout the world.