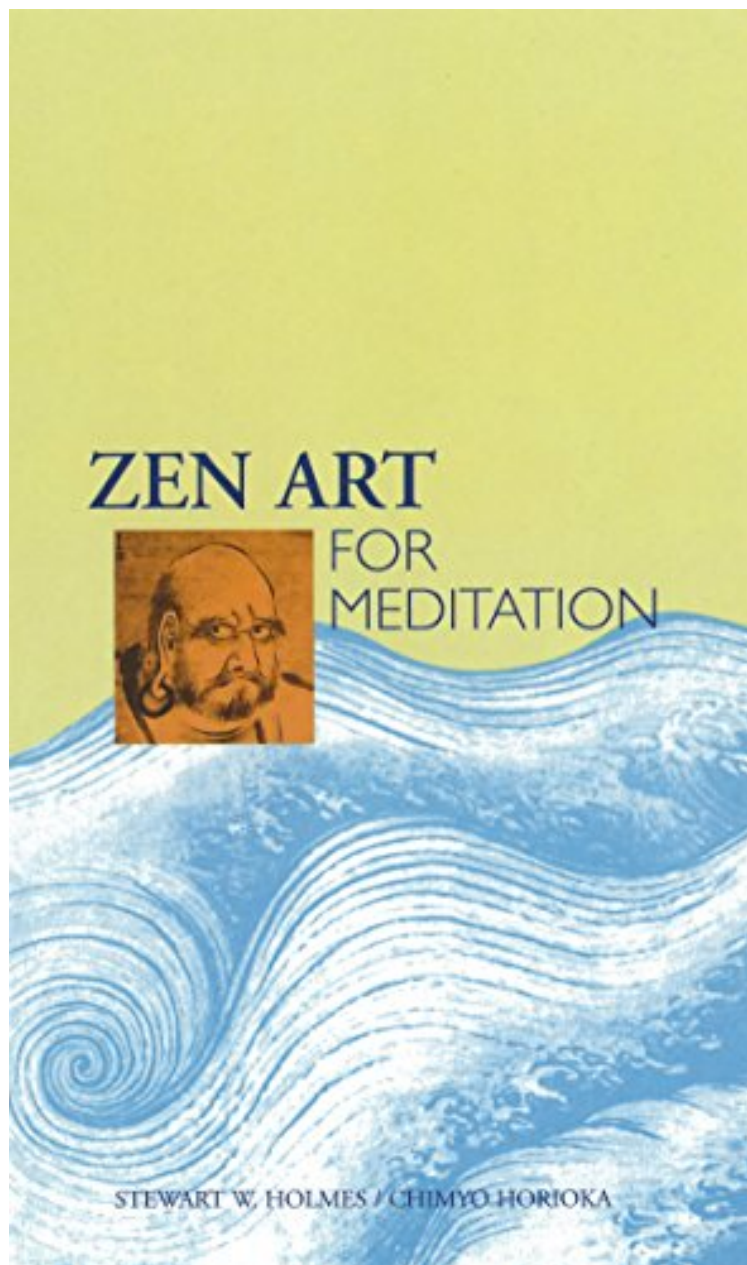


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Zen Art for Meditation

Stewart W. Holmes, Chimyo Horioka
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Stewart W. Holmes, Chimyo Horioka : Zen Art for Meditation before purchasing it in order to gage whether or not it would be worth my time, and all praised Zen Art for Meditation:

0 of 0 people found the following review helpful. I like the Haiku and other textBy Janet F. GuerrinI like the Haiku

and other text, but the paintings are almost invisible. Did Tuttle ever publish a corresponding set of prints to go with this book? Or is there a collection that contains these particular paintings? 1 of 1 people found the following review helpful. A fantastic little book with beautiful art and meaningful haiku. By Joseph J. Truncale Even though I have been interested in haiku and Asian art for more than thirty years, I had never read this book until recently. I love the unique approach the author uses, combining Asian art and haiku from the great masters of the past to create lessons in Zen meditation. This text covers fifteen Zen tenets, with each section showing an Asian piece of art along with several haiku. I really enjoyed the detailed explanation of each drawing and how it related to the specific Zen tenet. In conclusion, this is a book for anyone interested in Asian art, Japanese haiku and Zen meditation. Rating: 5 Stars. Joseph J. Truncale (Author: Season of the Warrior: A poetic tribute to warriors). 0 of 0 people found the following review helpful. Five Stars By skinmd This book has a lot of valuable thoughts and ideas in it. Everyone can learn from it.

This book is about emptiness and silence—the mind-expanding emptiness of Zen painting, and the reverberating silence of haiku poetry. Through imaginative participation in the visions of painters and poets, its readers are led to the realization that, in the author's words, "emptiness, silence, is not nothingness, but fullness. Your fullness." This cultural tradition has informed many distinguished lives and works of art. The work of painters like Niten, Liang K'ai, and Toba, and of painters like Basho, Buson, and Issa reflects the wholeness, spontaneity, and humanity of the Zen vision. Those who desire a glimpse into the world of intuitive contact with nature offered by Zen meditation will find these paintings, commentaries, and haiku poems especially rewarding. They enable the reader to experience the unique power of Zen art—it's capacity to fuse esthetic appreciation, personal intuition, and knowledge of life into one creative event.

About the Author Stewart W. Holmes has made extensive forays—via general semantics and Zen—into the realm of nonverbal experience. As an officer of the Cambridge Buddhist Association, he was well acquainted with its former president, the eminent Zen scholar Daisetz Suzuki. Dr. Shinichi Hisamatsu, the founder of the Association, was his first Zen master. Among his other publications are *Meaning in Language* and articles for a number of journals. At present Dr. Holmes, who holds a Ph.D. in English from Yale University, is on the English faculty of Castleton State College, Vermont. Chimyo Horioka, who is responsible for the nonverbal aspects of this volume, is Far Eastern Librarian in the Asiatic Department of the Museum of Fine Arts in Boston, and author of many articles on Buddhist art. A priest of the Shingon sect and graduate of Koyasan University, he also studied philosophy at Hamburg and Koenigsberg universities. He has been president of the Cambridge Buddhist Association since the death of Dr. Daisetz Suzuki in 1966.