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## Zayn

*Zayn*

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**Zayn : Zayn** before purchasing it in order to gage whether or not it would be worth my time, and all praised Zayn:

3 of 3 people found the following review helpful. Good but isn't what I expectedBy AngelicaFrom the bio and all the hype about the book, I expected this to be almost like an inside look into zayns journal through out the past few years, or him giving his 100% unfiltered thoughts on the situations he has faced, and that's not what this is at all. It's mostly pictures of zayn with little blurbs of "I'm finally in control" and a little background of a few select songs. It's a decent book for what it is but it's not at all what was expected.0 of 0 people found the following review helpful. Lovely Read and Great PurchaseBy Alexandra JonesZayn by Zayn is a beautiful book filled with stunning pictures and an engaging narrative. As a fan of Zayn, I was automatically interested in everything he had to say, especially about his music making process. However, I think even non-fans will enjoy his take on things. He subverts a lot of rumors and myths the media has perpetuated about him and defines himself on his own terms. In addition to talking about his time in One Direction, he also talks about growing up, coming into his own, and dealing with serious issues like anxiety. It's not a fluff piece ghost written by some random person. Zayn writes how he speaks and he writes from the heart. All of that

makes this book a worthwhile purchase and a good way to spend a few hours one afternoon. 0 of 0 people found the following review helpful. Great book. By Fernando. You really have to read his story to understand where he's at in life from where he's coming from. It's a great read and I truly respect that he chooses to be a performer even though he's an anxious shy person. Props to him because that is a nerve racking thing to sing in front of thousands.

The first and only official book from ZAYN. Global superstar ZAYN shares a photographic journey of his life since leaving One Direction. "This book is my diary of a period that I would like to share with you all. I hope that there are things in the book that contextualise some of the moments and memories we have all shared together. There are things I address in the book that are very personal to me, things that I have never told anyone, things I still find hard to talk about. It's a part of a journey I'm still on." — ZAYN

The Instant New York Times Bestseller! ZAYN opens up with this collection of thoughts, inspiration, and never-before-seen personal photographs. After five years of massive success with One Direction, ZAYN launched his career as a solo artist with *Mind of Mine*, becoming one of the most successful artists in the world. Now, for the first time ever, ZAYN is going to tell and show all in this intimate and raw scrapbook of his life. Never-before-released photos give readers insight to ZAYN, no-holds-barred. Gorgeously designed with hundreds of full-color photographs and ZAYN's notes, drawings, song lyrics, and personal stories, the book captures ZAYN's most private moments and his candid feelings on fame, success, music, and life. The next chapter of ZAYN's evolution into global superstar, told by the artist who is living it. \*\*\*

Reviews for *Mind of Mine*: "A singer eager to reclaim the parts of himself that five years in the pop klieg lights forced into the shadows." — *The New York Times* "Sonically, you won't find many pop albums in 2016 more immaculately conceived than this." — *SPIN* "Sublime." — *USA Today* "Malik can sing . . . he's done this before, but not like this." — *Rolling Stone* "A moody, deeply textured RB album." — *Los Angeles Times* "Zayn has clearly achieved his aim of making an album of sexy, credible pop-RB." — *NME*

The first and only official book from ZAYN. Global superstar ZAYN shares a photographic journey of his life since leaving One Direction. \* from the publisher's description \*

About the Author ZAYN is an internationally celebrated music artist whose debut solo release, *Mind of Mine*, made him the first British male artist to debut at number one in both the UK and US with both his debut single and debut album. He lives in Los Angeles and London. [inzayn.com](http://inzayn.com) @zaynmalik on Twitter @zayn on Instagram <https://www.facebook.com/zayn/> on Facebook