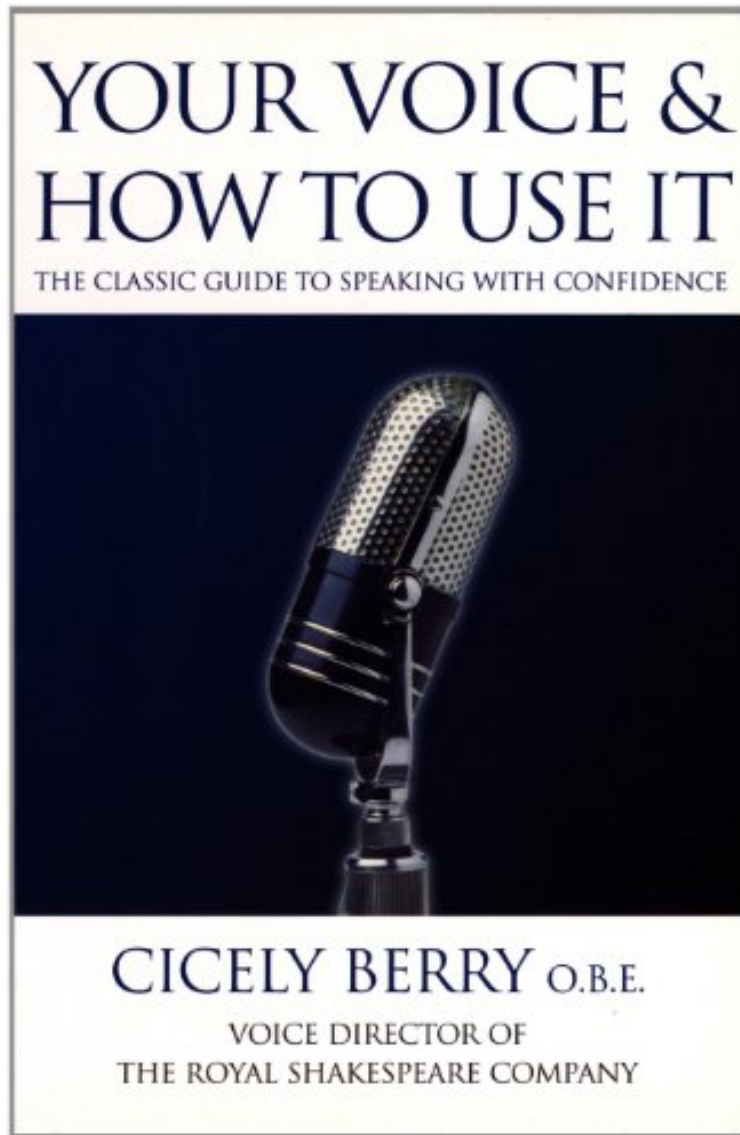


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1 of 1 people found the following review helpful. it brings its content from real experience.By Juan C S AramayoShe really explains the other side of the voice mechanism, that of the inner part of each person and gives proven exercises that, if the person works on them, bit by bit, will see real changes and improvement.The title leads to believe it's one of those "how to" bla, bla, books. It isn't. It is serious, it has content and besides it brings its content from real experience.There is a drawback though, some parts were already worked in another book: Voice and

the Actor.1 of 1 people found the following review helpful. Your Voice and How to Use ItBy uprightThis book was written by one of the best. It is very easily understood and is great for practice also. I enjoyed it and will refer to it many times.6 of 7 people found the following review helpful. Comprehensive voice reference manualBy Fergus McClellandHow did it take me until now to buy this book? Having had the pleasure of being trained by Cicely in 1962 and been in the RSC in the 60's while she was the Voice Director I have always respected and admired her depth of knowledge and understanding of the voice and how to make your voice clear and powerful. This is a technical reference manual for voice trainers, actors and those who want a deep and thorough knowledge of projection and making your voice live. It was great to find out where to buy bone props to train your lips and tongue, and a depth of knowledge about the challenges of their use and how to surmount them. The reasons behind the exercises are all explained in a clear and concise way. This book is a gem.

Anxiety about how we speak prevents many of us from expressing ourselves well. In her classic handbook, Cicely Berry, Voice Director of the Royal Shakespeare Company and world-famous voice teacher, tackles the reasons for this anxiety and explains her practical exercises for relaxation and breathing, clarity of diction and vocal flexibility - everything that you need to achieve good speech.

From the PublisherComprehensive and straightforward: essential for everyone who ever needs to speak in public with conviction and confidence.