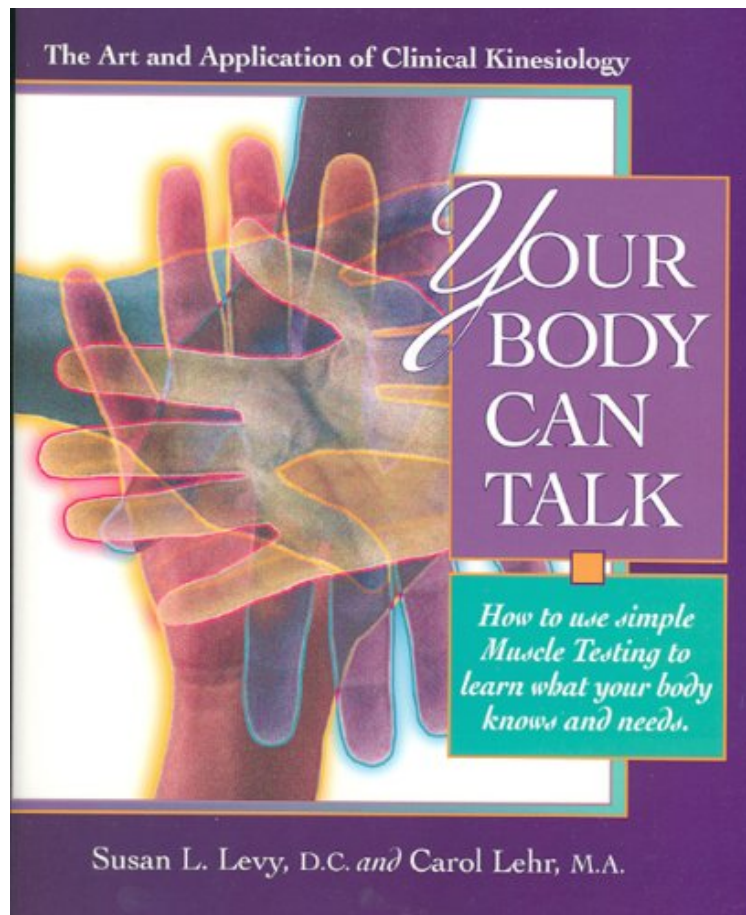


(Read free) Your Body Can Talk: The Art and Application of Clinical Kinesiology / How to use simple Muscle Testing to learn what you

Your Body Can Talk: The Art and Application of Clinical Kinesiology / How to use simple Muscle Testing to learn what you

Susan Levy

*audiobook / *ebooks / Download PDF / ePub / DOC*



[Download](#)

[Read Online](#)

#928487 in eBooks 2013-09-11 2013-09-11 File Name: B00CABC2Q2 | File size: 71.Mb

Susan Levy : Your Body Can Talk: The Art and Application of Clinical Kinesiology / How to use simple Muscle Testing to learn what you before purchasing it in order to gage whether or not it would be worth my time, and all praised Your Body Can Talk: The Art and Application of Clinical Kinesiology / How to use simple Muscle Testing to learn what you:

17 of 17 people found the following review helpful. It will make you a believer!By Ms. A. M. GarciaAwesome book that teaches you the basic roots of kinesiology. If you are not familiar with this type of healing, get this book! It is a great manual to assist you in tapping into your innate energy source to produce a well balanced, energetically sound mind/body/spirit connection. Do you wake up every night at a specific time? That can be a message your body is sending you about an imbalance. For instance, I use to wake up from a sound sleep around 3/3:30 every morning, eventually around 5/5:30 I could fall back asleep. Sharing this info with my kinesiologist she was able to determine this "time of the day" signals detox or an imbalance of the liver, a few simple "adjustments" in my energy flow and

presto, now I'm sleeping like a baby again. This medicine has now replaced my GP. No more medications or suffering (back/neck/hormones/knees) because my body talks directly to the doctor. No body is the same other than gender specific, each body needs its own menu for success. Kinesiology is the map to get you there! 0 of 0 people found the following review helpful. good data, a tad complicated for non-trained people By Joyreins Interesting, good data, a tad complicated for non-trained people, more for doctors. 1 of 1 people found the following review helpful. Thoughtful and well-written By Dexterity Health A thoughtful, well-researched, very interesting book.

The World's most advanced Diagnostic Health Tool is at your fingertips...Your own body can "talk" to you, telling you what it knows and needs for health and well being. **** A simple method of energetic muscle testing can help you to decode symptoms and become sensitive to early warnings of body dysfunction...on a daily basis-long before life-threatening illness can develop. **** Without question, a classic...destined to become one of healing's greatest reference books of modern times. I highly recommend it. - John A. Amaro, D.C., F.I.A.C.A., Dipl. Ac.; International Academy of Clinical Acupuncture, President **** These simple testing procedures...can be followed easily by anyone. Gives hope and enlightenment on what can be done for the mysterious symptoms that have 'no pathological basis', according to orthodox approaches. I recommend it to anyone who isn't feeling optimum health.- John F. Thie, D.C., author and founder, Tough of Health International College of Applied Kinesiology, Founding chairman; Los Angeles College of Chiropractic, adjunct faculty. **** Muscle testing provides instant access to the knowledge which the body and mind are offering us...Integrated knowledge about the body and the way to stay well. An excellent book. - Daniel R. Condron, D.M., D.D., M.S., Chancellor, College of Metaphysics, author, Permanent Healing. **** One of the finest texts on Clinical Kinesiology. A must have. - Christopher Beardall, B.S., D.C.

From Booklist Discovered by chiropractor George Goodheart in 1964 and developed by him and his student and colleague Alan Beardall in the 1970s, clinical kinesiology (CK) tests the body's energetic feedback system and rechannels it for healing. Chiropractor Levy and Lehr, one of her patients, describe it in detail. Although a recent discovery, CK draws heavily on acupuncture and subcontinental Indian medicine and is thereby related to centuries-old traditions. It claims to identify changes in the body before they appear physically, and via both text and diagrams, Levy and Lehr obligingly present the tests used to ascertain such changes. Treatments are designed to reverse or mitigate the changes and consist primarily of improving nutrition, identifying problems arising from food allergies, supporting the immune system, eliminating antibiotics and other powerful drugs, avoiding unnecessary surgery, and staying away from magnetic fields. William Beatty About the Author Susan Levy, DC and Carol Lehr, MA